

For Immediate Release:  
October 28, 2013

Roanoke, Virginia –The Subway Commonwealth Games of Virginia organized by Virginia Amateur Sports, will be holding its' final two competitions of the year on Saturday and Sunday, November 9-10; with wrestling and gymnastics hitting the mats.

The wrestling competition is being held on Saturday, November 9 at the Salem Civic Center. The competition is being held in conjunction with VT as they host Hofstra on Friday night with the Hokie Open scheduled for Sunday all at the Salem Civic Center. The Subway Commonwealth Games wrestling tournament will start with the younger age groups getting on the mats at 9:30 am followed by the middle school age wrestlers. At 12:30 the high school competition will begin: ages 14-19 followed by the open competition ages 19 and up.

Spectators' fee is \$20 to attend all 3 matches; Friday's match, Saturday's Subway Commonwealth Games matches and the Hokie Open on Sunday. Students are \$8 with ages 5 and under free. The cost for Saturday's matches is \$8 for adults and \$4 for students with ages 5 and under free.

The Virginia Techniques Gymnastics Center in Christiansburg will be hosting this year's gymnastics competition. The competition will start late Saturday afternoon, November 9 with the march in ceremony starting at 5:20 pm and awards being presented at 8:00 pm. Sunday's competition will start with the march in at 8:40 am. The tournament will last all day with award presentations being scheduled for 10:15 am, 2:00 pm and 5:30.

For more information contact Peter Lampman  
540-343-0987  
pete@commonwealthgames.org  
www.CommonwealthGames.org

