

## Virginia Amateur Sports, INC

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www.CommonwealthGames.org

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## FOR IMMEDIATE RELEASE

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2015 Subway Commonwealth Games of Virginia kick off this weekend with Judo. This year's Judo competition will be held April 18th<sup>th</sup> at Hidden Valley High School. Day of Registration is available for the Judo competition, so it's not too late to compete for a medal.

This marks the 26<sup>th</sup> Anniversary for the Subway Commonwealth Games and Virginia Amateur Sports (VAS). Join in the competition by choosing from over 50 sports to participate in from April through November in various areas of the state including Roanoke, Richmond, and Tidewater. Registration is OPEN!

Since its inception in 1990, more than 220,000 athletes have competed in the Subway Games making it one of the most participated sporting events in the state. In 2014, over 9,900 registered to compete last year. The Subway Games and VAS encourages and promotes healthy lifestyles through competition. Athletes ages 4-84 compete every year and go to show that it is never too early or too late to Get in the Games.

2015 Main Games Weekend is July 17-19, which kicks off at Salem Red Sox Stadium on Friday, July 17 with the Athlete Tailgate Party including free food provided by Subway, interactive games, music, prizes and more. Following will be the Opening Ceremonies, including a US Olympic medal winner, Miss Virginia, fireworks, parade of athletes and a Salem Red Sox game!

For more information on the Games or to register, visit: <a href="www.CommonwealthGames.org">www.CommonwealthGames.org</a>.

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