



Virginia Amateur Sports, INC

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FOR IMMEDIATE RELEASE

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Two Time Olympic Gold Medalist Dr. Dot Richardson will be speaking at the Roanoke Boys and Girls Club

Dr. Dot Richardson will be coming to Roanoke to help kick off the 2015 Subway Commonwealth Games of Virginia. Dot has excelled in sports, academics, literature, and the medical field. Dr. Dot is known for changing the game of softball by helping the U.S. National Softball Team earn Gold medals in the 1996 and 2000 Olympic Games. She has also excelled in academics by earning degrees on her journey to becoming an orthopedic surgeon. Behind the scenes, she founded two non-profit organizations, was an ESPN commentator, and coaches the game she grew up to love at Liberty University.

Richardson will make several appearances in the Roanoke Valley including a visit to the Boys and Girls Club of Roanoke - 1714 9th Street , SE Roanoke, Virginia.

This event will take place on Friday, July 17th from 10:30-11:15AM.

The event is sponsored in part by Member One Credit Union.

Laurie Gibbons, CPO of the Boys & Girls Clubs of Southwest Virginia said, "It is our pleasure to welcome Dr. Dot Richardson to speak with our Club members about setting personal goals and the importance regular physical activity has on their overall well-being. Dr. Richardson's message and that of Virginia Amateur Sports parallel some of the key elements of our positive youth development programs."

The Subway Commonwealth Games is celebrating its 26th Anniversary with nearly 60 sports held in Roanoke, Salem, Botetourt, New River Valley and statewide. The Games have a local annual economic impact of close to \$2.5-3 million dollars. The Subway Commonwealth Games is open to Virginia residents of all ages and abilities. This event hopes to attract 10,000 athletes this year.

Go online now to register and to receive the full details of the Subway Commonwealth Games at:

www.CommonwealthGames.org

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