



# Virginia Amateur Sports, INC

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[www.CommonwealthGames.org](http://www.CommonwealthGames.org)  
#VAComGames

## FOR IMMEDIATE RELEASE

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### Virginia Commonwealth Games to host Adaptive Rugby – THIS WEEKEND

The Virginia Commonwealth Games at Liberty University, organized by Virginia Amateur Sports (VAS), is excited to host Adaptive Rugby on Sunday, April 10th at University of Virginia – Madison Bowl Field. The event will consist of competitions in passing for distance, kicking for distance (from a tee or punting), passing for accuracy. This skills competition will be led by the women and men of the club rugby teams from the University of Virginia. Athletes can compete in as many or as few events as they please! If they want to complete each task then they will rotate through each station.

Like with all VA Commonwealth Games events, Bronze, Silver and Gold medals will be awarded. Adding this competition opens up more opportunities for even more athletes to be able to participate in the games and to learn about a sport they may not be familiar with – registration is free to participate (there is a fee if you sign up the day of the event), so be sure to sign up early. Registration is open for Adaptive Rugby as well as many other sports scheduled for the 2022 Games.

Alexis Ward – Adaptive Rugby Coordinator and member of the UVA Women’s Club Rugby team shared this about the event, “Adaptive Rugby is a non contact form of rugby that allows athletes with and without disabilities to connect and play together on the rugby pitch. So far our adaptive season has consisted of only two practices, but there have been great turnouts at both! Our connection with the Commonwealth Games has further allowed our players to develop their rugby skills and gain outside experience with competing. This Sunday’s CWG event is for anyone in or near the Charlottesville area who is willing to come and compete in our many events. We hope to continue this partnership with CWG as it sets a friendly, competitive, and unique environment for our athletes to compete in.”

Visit [CommonwealthGames.org](http://CommonwealthGames.org) for more information on Adaptive Rugby and to see the full list of sports.

For 32 years the Virginia Commonwealth Games have provided excellent opportunities for thousands of Virginians to develop and foster new relationships, establish new goals and personal bests, while at the same time learning teamwork, sportsmanship, as well as individual team responsibilities.

Adaptive Rugby is sponsored in part by MPower Me.

Presented by Centra, ABC 13, Liberty University, and the City of Lynchburg.

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About Virginia Amateur Sports (VAS): The rights holder for the Virginia Commonwealth Games at Liberty University – this event is modeled after the Olympics, the Games welcomes athletes regardless of age or skill level. The Games embody the values of participation, sportsmanship and healthy living amongst residents of Virginia and surrounding eligible states. VAS has been organizing the event for 32 years and it is truly a grassroots effort that relies on the dedication of thousands of volunteers and support from local sponsors and organizations across the Commonwealth. VAS is a member of the National Congress of State Games.

About the National Congress of State Games: The National Congress of State Games (NCSG) is a membership organization comprised of 34 Summer State Games and 9 Winter State Games organizations and a member of the United States Olympic Committee's Multi Sports Organizational Council. The mission of the NCSG is to support State Games member organizations in the promotion of health, fitness and character building through Olympic – style competitions and physical activities.

For more information on the Games, including images for download, visit: [www.CommonwealthGames.org/vasnews](http://www.CommonwealthGames.org/vasnews)

*Member of the National Congress of State Games – learn more at [www.stategames.org](http://www.stategames.org)*