



Coaches, Players and Spectators must adhere to the return to play guidelines.

Virginia Commonwealth Games All-Star Baseball Guidelines:

1. The managers meeting at home plate should be limited to one coach from each team plus the umpires. No players at plate meeting.
2. We encourage a six foot distance between players while in the dugout, so if players need to set behind the dugouts or in the bleachers beside the dugout to achieve this that will be permitted.
3. Parents/Coaches are encouraged to supply their players with antibacterial wipes and hand sanitizer for disinfecting and cleaning hands between innings.
4. Players are allowed to wear face covering if they choose.
5. Teams must clean their dugout of all trash and other items after each game, and wipe down hard surfaces such as benches, bat racks, etc.
6. Teams arriving at a dugout for the first time are to wipe down hard surface areas such as benches, bat racks, etc.). Procedures #5 and #6 will comply with the CDC recommendation of a two-step process for cleaning and disinfecting.
7. No shared equipment will be allowed during the event. This includes bats, gloves, helmets and catcher gear.
8. No sunflower seeds allowed in the stadium.
9. The batting cage area at LU & LCA is closed.
10. In a complex setting with more than one field, spectators will need to remain at their specified field and not mingle to other areas of the complex. Bathroom facilities would be the exception in this requirement.
11. All spectators should remain at a six foot distance unless you are family.
12. Face coverings are highly encouraged at all facilities.
13. No team water coolers will be allowed. Players should have their own cooler or container with their name labeled on that item.
14. There will be no customary handshake line at the end of each game.
15. Clear the dugout before entering. Once Previous Game is over, new Teams can warm up in left and right fields. Stay there until dugout is clear of players/coaches and is cleaned.
16. Spectators must practice social distancing in the stadium.

We realize that these restrictions are not normal for us, but we must follow these rules in order to run the event. As always, our main concern is the health and safety of our players and their families.