

Time	Event	Division Order- Field Events- Saturday 7/24
8:00am	High Jump	7-8 G/B, 9-10 G/B, 11-12 G/B, 13-14 G/B, 15-16 G/B, 17-18 G/B
8:00am	Long Jump	
	Pit 1 = Girls/Women	85+, 80-84, 75-79, 70-74, 65-69, 60-64, 55-59, 50-54, 45-49, 40-44, 35-39, 30-34, 3-4, 5-6, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, 19-29
	Pit 2 = Boys/Men	85+, 80-84, 75-79, 70-74, 65-69, 60-64, 55-59, 50-54, 45-49, 40-44, 35-39, 30-34, 3-4, 5-6, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, 19-29
8:00am	Turbo Javelin	3-4 G/B, 5-6 G/B, 7-8 G/B, 9-10 G/B, 11-12 G/B, 13-14 G/B
8:00am	Shot Put	
	Circle 1 = Girls/Women	85+, 80-84, 75-79, 70-74, 65-69, 60-64, 55-59, 50-54, 45-49, 40-44, 35-39, 30-34, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, 19-29
8:00am	Discus - Men	85+, 80-84, 75-79, 70-74, 65-69, 60-64, 55-59, 50-54, 45-49, 40-44, 35-39, 30-34, 11-12, 13-14, 15-16, 17-18, 19-29
8:00am Warm up, Competition begins at 9am	Pole Vault	85+ W/M, 80-84 W/M, 75-79 W/M, 70-74 W/M, 65-69 W/M, 60-64 W/M, 55-59 W/M, 50-54 W/M, 45-49 W/M, 40-44 W/M, 35-39 W/M, 30-34 W/M, 13-14 G, 15-16 G, 17-18 G, 19-29 W, 13-14 B, 15-16 B, 17-18 B, 19-29 M

Time	Event	Division Order- Running Events- Saturday 7/24
7:00am	5000m run	Masters W/M, Open, 11-12, 13-14, 15-16, 17-18 (G&B)
8:00am	1500m racewalk	Masters W/M, Open, Ages 9+ G/B
	110m hurdles	Open Men, 30-49 Men, 15-16 Boys, 17-18 Boys
	100m hurdles	Open Women, 30-39 Women, 50-69 Men, 13-14 B/G, 15-16 Girls, 17-18 Girls
	80m hurdles	40+ Women, 70+ Men, 11-12 G/B
	50m dash	Masters 60+ W/M, 3-4 G/B, 5-6 G/B
	100m dash/100m wheelchair	7-8 G/B, 9-10 G/B 11-12 G/B, 13-14 G/B, 15-16 G/B, 17-18 G
	400m dash	Master M/W, Open M/W, 7-18 G/B
	4x100m relay	7-8 G/B, 9-10 G/B, 11-12 G/B, 13-14 G/B, 15-16 G/B, 17-18 G/B, 19-39 M/W, 40-49 M/W, 50+ M/W
	3000m run	Masters W, Open W, 11-18 G

Time	Event	Division Order- Field Events- Sunday 7/25
8:00am	High Jump	85+ W/M, 80-84 W/M, 75-79 W/M, 70-74 W/M, 65-69 W/M, 60-64 W/M, 55-59 W/M, 50-54 W/M, 45-49 W/M, 40-44 W/M, 35-39 W/M, 30-34 W/M, 19-29 W/M
8:00am	Triple Jump	
	Pit 1 = Women/Girls	85+, 80-84, 75-79, 70-74, 65-69, 60-64, 55-59, 50-54, 45-49, 40-44, 35-39, 30-34, 13-14, 15-16, 17-18, 19-29
	Pit 2 = Men/Boys	85+, 80-84, 75-79, 70-74, 65-69, 60-64, 55-59, 50-54, 45-49, 40-44, 35-39, 30-34, 13-14, 15-16, 17-18, 19-29
8:00am	Shot Put - Men	85+, 80-84, 75-79, 70-74, 65-69, 60-64, 55-59, 50-54, 45-49, 40-44, 35-39, 30-34, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, 19-29
8:00am	Discus - Women	85+, 80-84, 75-79, 70-74, 65-69, 60-64, 55-59, 50-54, 45-49, 40-44, 35-39, 30-34, 11-12, 13-14, 15-16, 17-18, 19-29

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