

Final rankings for the VA Fit Games:

RX Women:

#1 Regina Lograsso

#2 McKenzie Ryan

#3 Ashley Ries

RX Men:

#1 John Knowlton

#2 Rhett Singleton

3 Joey Sandvig

Scaled Women:

#1 Melany Pearl

#2 Jennifer Smith

#3 Amanda Myers

Scaled Men:

#1 Brian Myers

#2 Ronnie Clay

#3 Yony Bengtson