



Virginia Amateur Sports, INC

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www.CommonwealthGames.org
#VAComGames

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Virginia Amateur Sports and the Virginia Commonwealth Games at Liberty University announce 2016 Olympic Speaker, Dick Fosbury

Virginia Amateur Sports, Inc (VAS) organizers of the Virginia Commonwealth Games at Liberty University announced today that Dick Fosbury, an Olympic Gold Medalist high jumper, will be the guest speaker for the 2016 Games. In high school Dick began developing the now-universal technique for elite high jumpers, the Fosbury Flop. He attended Oregon State University and was the NCAA track season champion in 1968 and 1969. Dick won the Gold Medal in high jump at the 1968 Mexico City Olympic Games, breaking Olympic and American records. In 1973 he turned professional and joined the International Track Association (ITA). Dick was elected to the USA Track and Field Hall of Fame in 1981, the U.S. Olympic Hall of Fame in 1992, and inducted into the World Sports Humanitarian Hall of Fame in 2010.

The move to Liberty University and Lynchburg provided VAS the opportunity to add 15 sports to the 2016 schedule:

- Paintball
- Indoor Youth Soccer
- Adult Bubble Soccer
- Indoor Youth Archery
- Baton Twirling
- Chess
- Mountain Biking
- Indoor Track and Field
- Trap Shooting
- Rock Climbing
- Weightlifting
- 3-on-3 Basketball
- Ice Hockey
- Lacrosse-Open
- Trail Race (1/2 Marathon & 5K)
- Flag Football

Main Games Weekend is July 22-24 and kicks off at Liberty University on Friday, July 22 at 12pm with Athlete Village festivities and the Grand Home Furnishings Athlete Tailgate Party at 5pm. Bigger and better than ever before, in addition to food, prizes and games, Liberty is opening up their campus ice rink and Snowflex, offering equestrian trail rides, and more. Opening Ceremonies will follow at 7pm at the Vines Center, including Dick Fosbury (Olympic Speaker), Miss Virginia, the parade of athletes and more. Main Games weekend upholds a positive reputation with the community for bolstering tourism and serving as an economic engine to the host city each year. For 27 years the Virginia Commonwealth Games have provided excellent opportunities for thousands of Virginians to develop and foster new relationships, establish new goals and personal bests, while at the same time learning teamwork, sportsmanship, as well as individual team responsibilities.

“The Lynchburg Regional Convention and Visitors Bureau and the City of Lynchburg are thrilled that Virginia Amateur Sports has selected Lynchburg as the site for the Virginia Commonwealth Games at Liberty University,” said Sergei Troubetzkoy, Director of the Lynchburg Regional Convention & Visitors Bureau. “Our City Parks are pleased to be included as the location of some of the sporting events, and our entire community is looking forward to hosting this exciting event. The City of Lynchburg and our neighborhood communities are looking forward to participating in the years to come with the Virginia Commonwealth Games at Liberty University.”

Other sponsors for this year's Games include Papa Johns, ABC 13, Blue Eagle Credit Union, Ford, Centra Health, AREVA, Glass & Associates Construction and the City of Lynchburg.

For more information on the Games, including images for download, visit: www.CommonwealthGames.org

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