

Sport Hazing: Awareness, Prevention and Intervention Training

Multi-media instructional program to educate, advocate and encourage action regarding sport hazing.

Resource for psychologists, sports medicine specialists, coaches, sport organizations and other sport stakeholders. The content is suitable for both self-guided instruction and group presentation.

Contents

Videos [link]

Video Commentary (8:30 min) - Commentary by coaches and sport psychologists [link]

Stand-alone video -- Suitable for independent viewing, as a guide to discussion, or in conjunction with a live presentation.

Video Blast (2:00 min.) - Brief version of video commentary by coaches and sport psychologists [link]

PowerPoint [link]

Ready-to-use guide to group presentation or self-instruction

Readings for Athletes, Coaches, Parents & Administrators [link]

A series of readings, suitable as handouts at presentations

Moral and Character Development [link]

Positive Interaction in Youth Sport [link]

Hazing in Sport [link]

Sport Advocacy [link]

Readings on Theory & Practice [link]

Sport advocacy; Challenge, controversy, ethics and action [link]

*Includes transcripts of the Videos & PowerPoint

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Users are encouraged to draw on their unique knowledge and experience in preparing their individual presentations.

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Thanks to the many coaches, sport psychologists and others who contributed to this project, with special appreciation to those who provided video commentary Don Anthony, Dr Ed Etzel, Dr. Lani Lawrence, Dr. Rick McGuire, Dr Robert McKelvain, Dr. Shane Murphy, Eddie Reese, Mark Schubert, Peter Westbrook, Dr. Len Zaichkowsky, Dr. Li Jing Zhu

More About this Website

Rationale

Sport is a juggernaut of a social institution putting a spotlight on societal issues and modeling a standard of behavior. As goes sport, so goes society. It is said that sport builds character. Yet, there are so many contrary examples. Rather, sport is like a ship that goes where it is steered, whether that be to the moral high ground or the rocky shoals of tragedy. When sport stays on course, society benefits. Hence, the critical role of advocacy. If sport in society is to be the best it can be it will require advocates who are alert to problems and are willing to act on behalf of athletes' rights and responsible organizational practices. When important issues in sport are subject to reasoned public discourse all stakeholders benefit.

While specifically focused on hazing, this training program also applies to bullying, harassment, discrimination and other forms of interpersonal violence operating systematically within sports teams and organizations.

Goals

- 1-Increase awareness of hazing in sport, and the problems associated with hazing
- 2-Improve understanding of the forces that drive hazing and make it resistant to change
- 3-Cultivate a sense of responsibility in all sports stakeholders & encourage accountability by organizations
- 4-Remedy hazing problems by engaging all stakeholders in prevention and intervention

These goals are served by a purpose-built, web-based, multi-media instructional program to train psychologists, sports medicine specialists and other health professionals to educate, advocate and take action on behalf of athletes, coaches and other sport stakeholders, and to consult with sports programs and community organizations.

If hazing prevention and intervention programs are to be successful, this will require broad-based grass roots efforts. For this reason, the content provided is written to be accessible to the educated sport stakeholder who is motivated to better understand and prevent hazing. Stakeholders include athletes themselves, coaches, officials, team and sport administrators, sports medicine specialists, and parents.

All are encouraged to make use of this content within the limits of their knowledge and role in the sport enterprise – and to seek the assistance of a sport psychologist or other health professional when needed.

Reference Citations

Reading for Athletes, Coaches & Parents:

There are a series of readings on hazing, advocacy and sensible sport practices, prepared by *SportPsych Works*, a regular publication of the *Society for Sport, Exercise & Performance Psychology*. These are prepared by sport psychologists for a general audience and do not presume prior knowledge or training.

Moral and Character Development. *SportPsych Works*, May, 2015, Volume 3, Issue 1

Positive Interaction in Youth Sport, *SportPsych Works*, August 2016, Volume 4, Issue 2

Hazing in Sport. *SportPsych Works*, June 2017, Volume 5, Issue 2.

Sport Advocacy. *SportPsych Works*, December 2017, Volume 5, Issue 4.

Scholarly Theory & Practice

This web page contains an expanded version of an article previously published in the professional journal, *Sport, Exercise, and Performance Psychology*. It presents theory and research on hazing and interpersonal violence in sport, provides a broad view of the landscape of advocacy, examines hazing in detail, presents a case study and encourages action by psychologists.

Heil, J. (2016). Sport advocacy; Challenge, controversy, ethics and action. *Sport, Exercise, and Performance Psychology*, 5(4), 281-295. <http://dx.doi.org/10.1037/spy0000078>.

Available at: <http://psycnet.apa.org/index.cfm?fa=browsePA.volumes&jcode=spy>.

Dr. John Heil