

**TIME:**

10:00am cutoff for late registration

9:00am field events start

11:00am running events start

**Fees:**

- \$15.00 per event

**TRACK AND FIELD EVENTS: Saturday-Ages 4-14**

<b>FIELD EVENTS</b> Approximate Start Times	<b>RUNNING EVENTS</b> Relaxed Rolling Schedule
<b>9:00 AM</b> Pole Vault	<b>11:00 AM</b> 4x800m Relay (if no relay, will run open 800 )
<b>9:00 AM</b> Javelin	80m Hurdles (11&12)
<b>9:00 AM</b> Long Jump	100m Hurdles (Female)
<b>9:00 AM</b> Triple Jump	100m Hurdles (Male)
<b>9:00 AM</b> High Jump	50m Dash (Fastest Kid) / 100m Dash
<b>9:00 AM</b> Men Shot	4x100m Relay
<b>9:00 AM</b> Women Discus	1500m Run
<b>11:00 PM</b> Women Shot	400m Dash
<b>11:00 PM</b> Men Discus	200m Hurdles (14 and under)
	<b>1:00 PM</b>
	3000m dash
	800m run
	200m dash
	4x400
<b>Age Groups – Medals Awarded to Top Three in Each</b>	
(04) (5-6) 7-8) (9-10) (11-12) (13-14)	