



# Virginia Amateur Sports, INC

711 5<sup>th</sup> Street NE, Suite C  
Roanoke, Virginia 24016  
Telephone: (540) 343-0987

[www.CommonwealthGames.org](http://www.CommonwealthGames.org)  
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## FOR IMMEDIATE RELEASE

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Contact: Charity E. Waldron  
Director of Operations & Media Relations  
(540) 343-0987

### **Virginia Amateur Sports and the Virginia Commonwealth Games at Liberty University announce 2018 Olympic Speaker, Anthony “Buddy” Lee**

Virginia Amateur Sports, Inc (VAS) organizers of the Virginia Commonwealth Games at Liberty University announced today that Anthony “Buddy” Lee, a US Olympian in Greco-Roman Wrestling, will be the guest speaker for the 2018 Games. Buddy has won titles in three styles of wrestling – freestyle, Greco-Roman and Sombó. He is a 6-time World Military Champion, 13-time World Medalist, 20-time USA & Armed Forces National Champion, and was twice voted the Best US Marine Athlete of the Year. In addition, Lee was a 1996 US Olympic Torch Bearer and has been inducted into the National Wrestling Hall of Fame, Hampton Roads African American Sports Hall of Fame and the Old Dominion University Hall of Fame. Buddy has also built a global reputation for his jump rope skills and training system. Jump rope training was the key to his success in wrestling and he has turned that into a revolutionary system. Lee is currently the president and founder of Jump Rope technology and the Jump Rope Institute. As the former Jump Rope Conditioning Consultant to the US Olympic Committee, he trained athletes from 25 sports teams. Lee has also served as the Spokesperson for the US Army Get Fit and Be Strong Program, was an Ambassador of Fitness to the US Olympic Committee and the Boys and Girls Clubs of America. Buddy has recently been appointed as the CrossFit Jump Rope Subject Matter Expert.

There have been 6 new sports added to the 2018 Games Schedule:

- Indoor Aquathlon
- Wing Racing
- Shooting Sports - Pistol
- Taekwondo
- Shooting Sports – 3 Gun
- Shooting Sports - Rifle

Main Games Weekend is July 27-29 and kicks off at Liberty University on Friday, July 27 at 12pm with Athlete Village festivities. Liberty is opening up their campus ice rink and Snowflex, offering equestrian trail rides, and more. The Grand Home Furnishings Athlete Tailgate Party begins at 4pm with food, prizes and games, Opening Ceremonies will follow at 7pm at Williams Stadium, including Buddy Lee (Olympic Speaker), entertainment, the parade of athletes and more.

Main Games weekend upholds a positive reputation with the community for bolstering tourism and serving as an economic engine to the host city each year. For 29 years the Virginia Commonwealth Games have provided excellent opportunities for thousands of Virginians to develop and foster new relationships, establish new goals and personal bests, while at the same time learning teamwork, sportsmanship, as well as individual team responsibilities.

Other sponsors for this year’s Games include Centra, City of Lynchburg, Construction Management Associates, Ford and ABC13.

For more information on the Games, including images for download, visit: [www.CommonwealthGames.org](http://www.CommonwealthGames.org)

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