

Develop your competitive skills in judo



What: 2017 Virginia Commonwealth Games / State Judo Championships Tournament in Lynchburg, VA at Liberty University.

When: Saturday, April 22, 2017, 8:00 AM to 10:30 AM EST (Registration and Weigh-ins) Match Times: Juniors (6 to 17 years) – 3 minutes (**No arm-bars will be allowed in any juniors categories**), Maters 3 minutes, Seniors Males 5 minutes Females 4 minutes. www.commonwealthgames.org

Eligibility: Competitors are not required to be residents of Virginia. Any participant must be a member of USJI, USJA or USJF. Applications are available at contest. Proof of valid national membership must be presented by all participants; no exceptions. USJI and USJA applications will be available at the tournament.

Cost: Pre-register on-line \$35 early registration and \$45 after April 14, 2017 - Hosted by Roanoke Kudokan Judo Club, will be sponsored by USA – Judo

Where: LaHaye Multipurpose Center Liberty University – Lynchburg, VA

For more information, please contact Coach Temo – tekbright58@gmail.com or Cell: 540-309-7070