

Greenway Memory Miler 2014 10 Miler

Overall Finish List

October 31, 2014

Results by Star City Striders: www.starcitystriders.com

Place	Name	City	Bib No	Age	Gend	Age Group	Total Time	Pace
1	Ed Shepherd	Salem VA	268	42	M	**** 40-44	1:01:51.7	6:11/M
2	Jeremy Cosgriff	Radford VA	225	39	M	**** 35-39	1:02:03.0	6:12/M
3	Taylor Jennings		246	24	M	**** 20-24	1:02:30.8	6:15/M
4	Eric Fonville	Floyd VA	233	36	M	1 35-39	1:04:03.1	6:24/M
5	Matthew Wright	Roanoke VA	288	37	M	2 35-39	1:04:14.7	6:25/M
6	Brian Austin		206	31	M	1 30-34	1:05:48.7	6:35/M
7	Philip Settle	Blue Ridge VA	267	43	M	1 40-44	1:08:55.6	6:54/M
8	Tim Kingsbury	Roanoke VA.	247	48	M	1 45-49	1:09:03.6	6:54/M
9	Scott Moir	Roanoke VA	297	51	M	1 50-54	1:09:05.5	6:55/M
10	Mark Long	Roanoke VA.	252	58	M	1 55-59	1:10:06.1	7:01/M
11	Kevin Shroyer	Goode, VA	269	54	M	2 50-54	1:10:23.9	7:02/M
12	John Stadyk	Roanoke VA	296	41	M	2 40-44	1:11:21.8	7:08/M
13	Dan Summerlin	Roanoke VA	278	42	M	3 40-44	1:12:33.4	7:15/M
14	Wayne Patton		262	45	M	2 45-49	1:12:59.9	7:18/M
15	April Snow	Roanoke VA	271	45	F	**** 45-49	1:13:30.5	7:21/M
16	Steve Cates	Roanoke VA.	216	58	M	2 55-59	1:13:47.0	7:23/M
17	Rick Foster		235	43	M	4 40-44	1:14:51.7	7:29/M
18	Walter Allen	Lynchburg VA	203	66	M	1 65-69	1:15:09.7	7:31/M
19	Charles Staley		276	37	M	3 35-39	1:17:02.0	7:42/M
20	Larry Looney	Roanoke VA.	293	45	M	3 45-49	1:17:04.8	7:42/M
21	Felix Lopez	Lynchburg VA	253	61	M	1 60-64	1:18:37.9	7:52/M
22	Kevin Nicholson	Salem VA	256	44	M	5 40-44	1:19:08.9	7:55/M
23	Crystal Boudreaux		211	30	F	**** 30-34	1:19:15.3	7:56/M
24	Sarah Brubaker		214	24	F	**** 20-24	1:20:35.3	8:04/M
25	Al Connelly	Roanoke VA	223	42	M	6 40-44	1:20:39.4	8:04/M
26	Jeff Coleman	Roanoke VA	222	43	M	7 40-44	1:20:47.8	8:05/M
27	Dickie Beale		210	52	M	3 50-54	1:20:52.1	8:05/M
28	Michael Snow	Roanoke VA	272	45	M	4 45-49	1:21:18.2	8:08/M
29	Jessica Hodges		242	26	F	1 25-29	1:22:46.5	8:17/M
30	Liz Futrell	Roanoke VA	236	48	F	1 45-49	1:23:51.5	8:23/M
31	Jennifer Farm	Roanoke VA	230	36	F	1 35-39	1:24:02.8	8:24/M
32	Kim Kitts	Radford VA	248	41	F	1 40-44	1:24:30.2	8:27/M
33	Hannah Curry		227	33	F	1 30-34	1:25:16.1	8:32/M
34	Pam Tegelman-Malabad		279	40	F	2 40-44	1:25:26.6	8:33/M
35	Robert Branham		213	48	M	5 45-49	1:25:42.8	8:34/M
36	Jon Haag		237	45	M	6 45-49	1:25:49.1	8:35/M
37	Lynn Bradshaw	Roanoke VA.	212	58	F	1 55-59	1:26:08.6	8:37/M
38	Susan Anderson		204	58	F	2 55-59	1:26:11.0	8:37/M
39	Tricia Lillaheart		250	46	F	2 45-49	1:27:00.1	8:42/M
40	Samantha Work		287	16	F	1 15-19	1:27:33.9	8:45/M
41	Lesley McPhatter	Madison Heights, V	254	50	F	1 50-54	1:27:36.7	8:46/M
42	Benjamin Sackett	Salem VA	294	32	M	2 30-34	1:27:39.8	8:46/M
43	Kendra Nicholson		257	36	F	2 35-39	1:27:48.2	8:47/M
44	Matthew Lohmeyer		251	35	M	4 35-39	1:27:59.4	8:48/M
45	Krista Vannoy	Roanoke VA	284	44	F	3 40-44	1:28:06.4	8:49/M
46	Alison Angell	Blue Ridge VA	205	36	F	3 35-39	1:28:07.8	8:49/M
47	Jeff Ledbetter		249	43	M	8 40-44	1:28:34.4	8:51/M
48	Duane Jeirles		245	43	M	9 40-44	1:28:41.5	8:52/M
49	Betty Noell	Cloverdale VA	258	40	F	4 40-44	1:29:09.1	8:55/M
50	Allison Dinkel		229	37	F	4 35-39	1:30:40.2	9:04/M
51	Steven Sowers	Roanoke VA.	274	57	M	3 55-59	1:31:47.8	9:11/M
52	Elizabeth Reedy		265	45	F	3 45-49	1:32:02.4	9:12/M
53	Louise Uffelman	Lexington VA	282	51	F	2 50-54	1:32:22.7	9:14/M
54	Tom Contos	Lexington VA	224	59	M	4 55-59	1:32:24.4	9:14/M
55	Cris Sterling	Natural Bridge, VA	277	68	F	1 65-69	1:33:32.2	9:21/M
56	David Clements		218	29	M	1 25-29	1:35:20.1	9:32/M
57	Susan Coalson	Lynchburg VA	219	48	F	4 45-49	1:35:40.6	9:34/M
58	Mary Beth Alford	Roanoke VA.	201	38	F	5 35-39	1:35:57.4	9:36/M
59	Kim Prosser		264	44	F	5 40-44	1:36:21.2	9:38/M
60	Keith Coalson	Lynchburg VA	220	58	M	5 55-59	1:36:39.1	9:40/M
61	Ron Bell	Roanoke VA	295	54	M	4 50-54	1:38:10.5	9:49/M
62	Mary-Rebekah Trucks		281	37	F	6 35-39	1:38:58.4	9:54/M
63	Andrea Sowers		273	26	F	2 25-29	1:39:39.9	9:58/M
64	Tiffany Cherasaro		217	44	F	6 40-44	1:40:02.6	10:00/M
65	Amanda Fortuna	Roanoke VA.	234	41	F	7 40-44	1:40:23.2	10:02/M
66	Deborah Allen	Lynchburg VA	202	65	F	2 65-69	1:41:30.6	10:09/M
67	R.b. Anderson	Bland VA	298	66	M	2 65-69	1:42:50.2	10:17/M
68	Pat Barton	Copper Hill VA	209	67	F	3 65-69	1:43:03.4	10:18/M
69	Adrienne Kendall	Boones Mill VA	289	34	F	2 30-34	1:43:24.4	10:20/M
70	Kitty Walls	Hardy VA	291	35	F	7 35-39	1:43:28.3	10:21/M
71	Gregory Skinner		270	44	M	10 40-44	1:45:49.4	10:35/M
72	Ginger Vail	Roanoke VA	283	50	F	3 50-54	1:45:58.3	10:36/M
73	Nancy Hans	Roanoke VA.	238	57	F	3 55-59	1:46:58.7	10:42/M
74	Cheryl Holt		243	52	F	4 50-54	1:47:51.7	10:47/M
75	Tennille Grega	Fairlawn VA	290	33	F	3 30-34	1:48:02.8	10:48/M
76	Kim Deberry		228	39	F	8 35-39	1:48:10.7	10:49/M
77	Rhonda Sprouse		275	37	F	9 35-39	1:55:17.4	11:32/M
78	Frederick Hill	Forest, VA	241	58	M	6 55-59	1:58:39.1	11:52/M
79	Martha Wood		286	46	F	5 45-49	1:59:10.6	11:55/M
80	Stacy Cunningham		226	31	F	4 30-34	2:01:42.3	12:10/M

61	Rhonda Henderson		240	40	F	8 40-44	2:04:38.8	12:28/M
82	Jane Thomas	Appomattox VA	292	31	F	5 30-34	2:09:14.1	12:55/M
83	Jennifer Schang		266	53	F	5 50-54	2:09:50.3	12:59/M
DNF	Marlvis Awasuah		207	27	F	3 25-29		
DNF	Harsha Patel		259	47	F	6 45-49		
DNF	Anjna Patel		261	55	F	4 55-59		
DNF	Archana Patel		260	50	F	6 50-54		

Greenway Memory Miler 2014 10 Miler

Age Group Results

October 31, 2014

Results by Star City Striders: www.starcitystriders.com

Men: 0-9 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-99

Women: 0-9 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-99

Overall Female Open Winners

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	April Snow	Roanoke VA	271	45	15	1:13:30.5	7:21/M
2	Crystal Boudreaux		211	30	23	1:19:15.3	7:56/M
3	Sarah Brubaker		214	24	24	1:20:35.3	8:04/M

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Overall Male Open Winners

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Ed Shepherd	Salem VA	268	42	1	1:01:51.7	6:11/M
2	Jeremy Cosgriff	Radford VA	225	39	2	1:02:03.0	6:12/M
3	Taylor Jennings		246	24	3	1:02:30.8	6:15/M

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Female 15 to 19

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Samantha Work		287	16	40	1:27:33.9	8:45/M

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Female 25 to 29

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Jessica Hodges		242	26	29	1:22:46.5	8:17/M
2	Andrea Sowers		273	26	63	1:39:39.9	9:58/M
DNF	Marlvis Awasuah		207	27	84		

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Male 25 to 29

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	David Clements		218	29	56	1:35:20.1	9:32/M

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Female 30 to 34

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Hannah Curry		227	33	33	1:25:16.1	8:32/M
2	Adrienne Kendall	Boones Mill VA	289	34	69	1:43:24.4	10:20/M
3	Tennille Grega	Fairlawn VA	290	33	75	1:48:02.8	10:48/M
4	Stacy Cunningham		226	31	80	2:01:42.3	12:10/M
5	Jane Thomas	Appomattox VA	292	31	82	2:09:14.1	12:55/M

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Male 30 to 34

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Brian Austin		206	31	6	1:05:48.7	6:35/M
2	Benjamin Sackett	Salem VA	294	32	42	1:27:39.8	8:46/M

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Female 35 to 39

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Jennifer Farm	Roanoke VA	230	36	31	1:24:02.8	8:24/M
2	Kendra Nicholson		257	36	43	1:27:48.2	8:47/M
3	Alison Angell	Blue Ridge VA	205	36	46	1:28:07.8	8:49/M
4	Allison Dinkel		229	37	50	1:30:40.2	9:04/M
5	Mary Beth Alford	Roanoke VA.	201	38	58	1:35:57.4	9:36/M

6	Mary-Rebekah Trucks		281	37	62	1:38:58.4	9:54/M
7	Kitty Walls	Hardy VA	291	35	70	1:43:28.3	10:21/M
8	Kim Deberry		228	39	76	1:48:10.7	10:49/M
9	Rhonda Sprouse		275	37	77	1:55:17.4	11:32/M

[Top](#)**Male 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Eric Fonville	Floyd VA	233	36	4	1:04:03.1	6:24/M
2	Matthew Wright	Roanoke VA	288	37	5	1:04:14.7	6:25/M
3	Charles Staley		276	37	19	1:17:02.0	7:42/M
4	Matthew Lohmeyer		251	35	44	1:27:59.4	8:48/M

[Top](#)**Female 40 to 44**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Kim Kitts	Radford VA	248	41	32	1:24:30.2	8:27/M
2	Pam Tegelman-Malabad		279	40	34	1:25:26.6	8:33/M
3	Krista Wannoy	Roanoke VA	284	44	45	1:28:06.4	8:49/M
4	Betty Noell	Cloverdale VA	258	40	49	1:29:09.1	8:55/M
5	Kim Prosser		264	44	59	1:36:21.2	9:38/M
6	Tiffany Cherasaro		217	44	64	1:40:02.6	10:00/M
7	Amanda Fortuna	Roanoke VA.	234	41	65	1:40:23.2	10:02/M
8	Rhonda Henderson		240	40	81	2:04:38.8	12:28/M

[Top](#)**Male 40 to 44**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Philip Settle	Blue Ridge VA	267	43	7	1:08:55.6	6:54/M
2	John Stadnyk	Roanoke VA	296	41	12	1:11:21.8	7:08/M
3	Dan Summerlin	Roanoke VA	278	42	13	1:12:33.4	7:15/M
4	Rick Foster		235	43	17	1:14:51.7	7:29/M
5	Kevin Nicholson	Salem VA	256	44	22	1:19:08.9	7:55/M
6	Al Connelly	Roanoke VA	223	42	25	1:20:39.4	8:04/M
7	Jeff Coleman	Roanoke VA	222	43	26	1:20:47.8	8:05/M
8	Jeff Ledbetter		249	43	47	1:28:34.4	8:51/M
9	Duane Jeirles		245	43	48	1:28:41.5	8:52/M
10	Gregory Skinner		270	44	71	1:45:49.4	10:35/M

[Top](#)**Female 45 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Liz Futrell	Roanoke VA	236	48	30	1:23:51.5	8:23/M
2	Tricia Lillaheart		250	46	39	1:27:00.1	8:42/M
3	Elizabeth Reedy		265	45	52	1:32:02.4	9:12/M
4	Susan Coalson	Lynchburg VA	219	48	57	1:35:40.6	9:34/M
5	Martha Wood		286	46	79	1:59:10.6	11:55/M
DNF	Harsha Patel		259	47	85		

[Top](#)**Male 45 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Tim Kingsbury	Roanoke VA.	247	48	8	1:09:03.6	6:54/M
2	Wayne Patton		262	45	14	1:12:59.9	7:18/M
3	Larry Looney	Roanoke VA.	293	45	20	1:17:04.6	7:42/M
4	Michael Snow	Roanoke VA	272	45	28	1:21:18.2	8:08/M
5	Robert Branham		213	48	35	1:25:42.8	8:34/M
6	Jon Haag		237	45	36	1:25:49.1	8:35/M

[Top](#)**Female 50 to 54**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Lesley McPhatter	Madison Heights, VA	254	50	41	1:27:36.7	8:46/M
2	Louise Uffelmann	Lexington VA	282	51	53	1:32:22.7	9:14/M
3	Ginger Vail	Roanoke VA	283	50	72	1:45:58.3	10:36/M
4	Cheryl Holt		243	52	74	1:47:51.7	10:47/M
5	Jennifer Schang		266	53	83	2:09:50.3	12:59/M
DNF	Archana Patel		260	50	87		

[Top](#)**Male 50 to 54**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Scott Moir	Roanoke VA	297	51	9	1:09:05.5	6:55/M
2	Kevin Shroyer	Goode, VA	269	54	11	1:10:23.9	7:02/M
3	Dickie Beale		210	52	27	1:20:52.1	8:05/M
4	Ron Bell	Roanoke VA	295	54	61	1:38:10.5	9:49/M

[Top](#)**Female 55 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Lynn Bradshaw	Roanoke VA.	212	58	37	1:26:08.6	8:37/M
2	Susan Anderson		204	58	38	1:26:11.0	8:37/M
3	Nancy Hans	Roanoke VA.	238	57	73	1:46:58.7	10:42/M
DNF	Anjna Patel		261	55	86		

[Top](#)**Male 55 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Mark Long	Roanoke VA.	252	58	10	1:10:06.1	7:01/M
2	Steve Cates	Roanoke VA.	216	58	16	1:13:47.0	7:23/M
3	Steven Sowers	Roanoke VA.	274	57	51	1:31:47.8	9:11/M
4	Tom Contos	Lexington VA	224	59	54	1:32:24.4	9:14/M
5	Keith Coalson	Lynchburg VA	220	58	60	1:36:39.1	9:40/M
6	Frederick Hill	Forest, VA	241	58	78	1:58:39.1	11:52/M

[Top](#)**Male 60 to 64**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Felix Lopez	Lynchburg VA	253	61	21	1:18:37.9	7:52/M

[Top](#)**Female 65 to 69**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Cris Sterling	Natural Bridge, VA	277	68	55	1:33:32.2	9:21/M
2	Deborah Allen	Lynchburg VA	202	65	66	1:41:30.6	10:09/M
3	Pat Barton	Copper Hill VA	209	67	68	1:43:03.4	10:18/M

[Top](#)**Male 65 to 69**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Walter Allen	Lynchburg VA	203	66	18	1:15:09.7	7:31/M
2	R.b. Anderson	Bland VA	298	66	67	1:42:50.2	10:17/M