

# USA SOFTBALL™ of Virginia

USA Softball of Virginia has adopted the following heat index policy guidelines for Invitational Tournament Play. They have been established to ensure the safety and welfare of all players, coaches, and umpires involved with the fast pitch softball. The heat index will be watched by the Tournament Director and the Umpire in Charge.

In the event we are experiencing high temperatures, AccuWeather will be the official platform used to determine the Heat Index (RealFeel®). Each game will be played via the following and determined at the home plate meeting and be used for the duration of the game.

## Heat Index Actions

100° or below:	Play under normal conditions
101° - 105°:	Possibly shorten game length times Ensure water breaks are allowed as needed Ensure that all individuals drink fluids and that uniforms are modified to ensure the coolest level available
106° - 111.9°:	Shorten game length times to no more than 60 minutes Ensure water breaks are allowed as needed Ensure that all individuals drink fluids and that uniforms are modified to ensure the coolest level available
112° or higher:	Game(s) suspended until the heat index is below 112°

The RealFeel® temperature is an index that describes what the temperature really feels like. It is a unique composite of the effects of temperature, wind, humidity, sunshine intensity, cloudiness, precipitation, and elevation on the human body--everything that affects how warm or cold a person feels.

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