

IPL Drug Tested Virginia Commonwealth Games

7/28/2018

Lynchburg, VA

USPA/IPL

Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs	
<b><u>Women Raw Powerlifting</u></b>			<b><u>Junior</u></b>												
56kg Jr 20-23															
1	Madeleine McElfresh	VA	56kg	55.3	21	92.5	60	120	272.5	323.812	203.9	132.3	264.6	600.8	
60kg Jr 13-15															
1	Angelina Elise Santillo	VA	60kg	58.1	15	75	47.5	115	237.5	271.51	165.3	104.7	253.5	523.6	
67.5kg Jr 18-19															
1	Victoria Krone	VA	67.5kg	66.6	19	102.5	57.5	112.5	272.5	280.839	226	126.8	248	600.8	
75kg Jr 20-23															
1	Hannah Kincaid	VA	75kg	73.9	21	105	62.5	132.5	300	287.88	231.5	137.8	292.1	661.4	
82.5kg Jr 13-15															
1	Whitney Farrell	VA	82.5kg	80.6	15	97.5	45	125	267.5	243.746	214.9	99.2	275.6	589.7	
<b><u>Women Raw Powerlifting</u></b>			<b><u>Open</u></b>												
56kg Open															
1	Madeleine McElfresh	VA	56kg	55.3	21	92.5	60	120	272.5	323.812	203.9	132.3	264.6	600.8	
60kg Open															
1	Shane Wallace	NJ	60kg	59	33	127.5	77.5	175	380	429.21	281.1	170.9	385.8	837.7	
2	Catherine Hyland	VA	60kg	59.8	25	102.5	70	137.5	310	346.518	226	154.3	303.1	683.4	
3	Heather Anthony	VA	60kg	57.7	29	85	50	127.5	262.5	301.718	187.4	110.2	281.1	578.7	
4	Andi Cantrell	VA	60kg	58.2	30	82.5	45	107.5	235	268.276	181.9	99.2	237	518.1	
67.5kg Open															
1	Sarah Galliano	MO	67.5kg	60.4	24	145	80	160	385	427.042	319.7	176.4	352.7	848.8	
2	Jill Obaugh	VA	67.5kg	65.9	36	110	55	127.5	292.5	303.761	242.5	121.3	281.1	644.8	
3	Dianna Burkholder	VA	67.5kg	67	33	92.5	47.5	137.5	277.5	284.743	203.9	104.7	303.1	611.8	
4	Katie Fertig	VA	67.5kg	66.2	25	90	47.5	110	247.5	256.187	198.4	104.7	242.5	545.6	
5	Jeanne Murdock	VA	67.5kg	65.2	65	62.5	52.5	107.5	222.5	232.891	344.678	137.8	115.7	237	490.5
75kg Open															
1	Caiti Vera	VA	75kg	71.2	26	112.5	65	147.5	325	319.605	248	143.3	325.2	716.5	
2	Becki Stenger	VA	75kg	71	31	115	57.5	125	297.5	293.097	253.5	126.8	275.6	655.9	
82.5kg Open															
1	Raven Sullivan	VA	82.5kg	80.2	26	140	72.5	170	382.5	349.49	308.6	159.8	374.8	843.3	
SHW Open															
1	Ogechi Akalegbere	MD	SHW	96.2	30	210	107.5	200	517.5	436.149	463	237	440.9	1140.9	
2	Makala Corbett	VA	SHW	123.8	24	127.5	87.5	147.5	362.5	288.296	281.1	192.9	325.2	799.2	

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	<b><u>Women Raw Powerlifting</u></b>			<b><u>Submaster</u></b>											
	67.5kg Submaster														
1	Jill Obaugh	VA	67.5kg	65.9	36	110	55	127.5	292.5	303.761		242.5	121.3	281.1	644.8
	<b><u>Women Raw Powerlifting</u></b>			<b><u>Master</u></b>											
	67.5kg Master 65-69														
1	Jeanne Murdock	VA	67.5kg	65.2	65	62.5	52.5	107.5	222.5	232.891	344.678	137.8	115.7	237	490.5
	75kg Master 40-44														
1	Christina Carroll	VA	75kg	74.4	42	117.5	57.5	130	305	291.428	297.256	259	126.8	286.6	672.4
	82.5kg Master 40-44														
1	Keli Hamman	VA	82.5kg	81.3	40	102.5	55	142.5	300	272.1	272.1	226	121.3	314.2	661.4
	82.5kg Master 45-49														
1	Ann Hall	RI	82.5kg	81.6	49	112.5	60	137.5	310	280.612	312.321	248	132.3	303.1	683.4
	90kg Master 45-49														
1	Angel George	VA	90kg	86.6	45	115	52.5	155	322.5	283.413	299.001	253.5	115.7	341.7	711

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	<b>Men Raw Powerlifting</b>			<b>Junior</b>											
	67.5kg Jr 13-15														
1	Landon Kissell	VA	67.5kg	64.3	14	100	62.5	146 (147.5)	308.5	247.571		220.5	137.8	321.9	680.1
	67.5kg Jr 18-19														
1	Zack Cavelli	VA	67.5kg	65.9	18	122.5	70	137.5	330	259.446		270.1	154.3	303.1	727.5
	75kg Jr 16-17														
1	Anthony Webster	VA	75kg	69.9	16	160	137.5	212.5 (222.5)	510	382.602		352.7	303.1	468.5	1124.3
2	Galilee Kissell	VA	75kg	73.7	17	145	95	182.5	422.5	304.792		319.7	209.4	402.3	931.4
	75kg Jr 20-23														
1	Morgan Pitts	VA	75kg	74.3	23	212.5	127.5	192.5	532.5	381.962		468.5	281.1	424.4	1173.9
	82.5kg Jr 20-23														
DQ	Jordan Woody	VA	82.5kg	82.1	21	0	0	227.5	0	0		0	0	501.5	0
	90kg Jr 13-15														
1	Connor McDonald	MD	90kg	86.8	14	142.5	90 (92.5)	155 (160)	387.5	252.146		314.2	198.4	341.7	854.3
2	August Basco	VA	90kg	88.9	15	117.5	72.5	145	335	215.204		259	159.8	319.7	738.5
	90kg Jr 18-19														
1	Jon Gray	VA	90kg	84	18	117.5	80	172.5	370	245.236		259	176.4	380.3	815.7
	90kg Jr 20-23														
1	Caleb Tincher	VA	90kg	88.8	23	242.5	147.5	320	710	456.388		534.6	325.2	705.5	1565.3
2	Jeffrey Harris II	VA	90kg	89.6	22	255.5	145	247.5	648	414.59		563.3	319.7	545.6	1428.6
	100kg Jr 16-17														
1	Cory Hanifan	VA	100kg	99.5	17	167.5	110	190	467.5	285.082		369.3	242.5	418.9	1030.7
	100kg Jr 18-19														
1	Jake French	VA	100kg	98.4	19	195	162.5 (167.5)	240	597.5	366.029		429.9	358.2	529.1	1317.2
	110kg Jr 18-19														
1	Colby Stinnett	VA	110kg	108	19	232.5	152.5	227.5	612.5	362.539		512.6	336.2	501.5	1350.3
	125kg Jr 20-23														
1	Chris Craven	NC	125kg	116.9	22	185	142.5	210	537.5	310.998		407.9	314.2	463	1185
2	Bryce Jordan	VA	125kg	114.6	22	187.5	122.5	210	520	302.432		413.4	270.1	463	1146.4

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
<b><u>Men Raw Powerlifting</u></b>				<b><u>Open</u></b>											
67.5kg Open															
1	Terry Ferguson	VA	67.5kg	67.3	21	177.5	130	195	502.5	388.382		391.3	286.6	429.9	1107.8
82.5kg Open															
1	Jawon Garrison	AL	82.5kg	79	30	290	190	285	765	526.473		639.3	418.9	628.3	1686.5
2	Jeffrey Houska	MO	82.5kg	82.1	34	255	155	262.5	672.5	451.853		562.2	341.7	578.7	1482.6
3	Micaiah Branch	WV	82.5kg	79.5	26	212.5	147.5	265	625	428.375		468.5	325.2	584.2	1377.9
4	Nathan Smith	VA	82.5kg	81.2	24	190	125	212.5	527.5	356.801		418.9	275.6	468.5	1162.9
5	Derek Harris	VA	82.5kg	81.4	25	162.5	130	200	492.5	332.635		358.2	286.6	440.9	1085.8
90kg Open															
1	Caleb Tincher	VA	90kg	88.8	23	242.5	147.5	320	710	456.388		534.6	325.2	705.5	1565.3
2	Michael Walker	NJ	90kg	88.4	29	265	150	292.5	707.5	455.913		584.2	330.7	644.8	1559.8
3	Damon Reynolds	VA	90kg	86.5	24	202.5	122.5	237.5	562.5	366.694		446.4	270.1	523.6	1240.1
100kg Open															
1	John Flynn	VA	100kg	94.7	30	240	150	260	650	404.885		529.1	330.7	573.2	1433
2	Seth Riley	VA	100kg	97.1	25	230	160	245	635	391.224		507.1	352.7	540.1	1399.9
3	Jon Clark	VA	100kg	91.2	28	212.5	145	255	612.5	388.448		468.5	319.7	562.2	1350.3
110kg Open															
1	Justin Jefferson	VA	110kg	107.8	27	235	155	282.5	672.5	398.322		518.1	341.7	622.8	1482.6
2	Paul Panasci	VA	110kg	107.8	28	205	155	260	620	367.226		451.9	341.7	573.2	1366.9
125kg Open															
1	Brandon Dunivan	VA	125kg	111.1	25	212.5	117.5	225	555	325.619		468.5	259	496	1223.6
<b><u>Men Raw Powerlifting</u></b>				<b><u>Submaster</u></b>											
75kg Submaster															
1	Andrew Schroeder	VA	75kg	73.5	36	157.5	105	192.5	455	328.874		347.2	231.5	424.4	1003.1
SHW Submaster															
1	Khourey Royal	VA	SHW	179.1	38	227.5	152.5	273	653	351.706		501.5	336.2	601.9	1439.6
<b><u>Women Classic Raw Powerlifting</u></b>				<b><u>Junior</u></b>											
44kg Jr 16-17															
DQ	Caitlyn Walker	SC	44kg		17	0	0	0	0	0		0	0	0	0
60kg Jr 16-17															
1	Skylar Stegall	SC	60kg	58.9	17	115 (120.5)	55	118	288	325.728		253.5	121.3	260.1	634.9

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
<b><u>Women Classic Raw Powerlifting</u></b>				<b><u>Open</u></b>											
48kg Open															
1	Kristi-Ann Sives	NC	48kg	47.6	26	117.5	57.5	147.5	322.5	429.764		259	126.8	325.2	711
<b><u>Men Classic Raw Powerlifting</u></b>				<b><u>Junior</u></b>											
60kg Jr 13-15															
1	Ian Owens	SC	60kg	58.4	15	142.5	67.5	158	368	321.816		314.2	148.8	348.3	811.3
60kg Jr 20-23															
1	Brent Jones	VA	60kg	57.8	22	127.5	87.5	175	390	344.37		281.1	192.9	385.8	859.8
67.5kg Jr 16-17															
1	Christopher Easler	SC	67.5kg	67	16	175	87.5	190	452.5	350.959		385.8	192.9	418.9	997.6
75kg Jr 13-15															
1	Will Wright	SC	75kg	73.7	15	165.5	95	185	445.5	321.384		364.9	209.4	407.9	982.1
75kg Jr 20-23															
1	Jesse Davis	VA	75kg	74.8	21	200	150	235	585	417.632		440.9	330.7	518.1	1289.7
90kg Jr 16-17															
1	Andrew Larson	SC	90kg	86.2	16	180	75	207.5	462.5	302.105		396.8	165.3	457.5	1019.6
100kg Jr 16-17															
1	Grayson Smith	SC	100kg	98.6	16	175	102.5	175	452.5	276.975		385.8	226	385.8	997.6
2	Wayne Fulbright	SC	100kg	96	16	165	80	187.5	432.5	267.761		363.8	176.4	413.4	953.5
100kg Jr 20-23															
1	Daniel Dixon	VA	100kg	92.5	23	252.5	165	240	657.5	414.094		556.7	363.8	529.1	1449.5
110kg Jr 16-17															
1	Eli Z Phillips	SC	110kg	109.4	16	185	107.5	190	482.5	284.434		407.9	237	418.9	1063.7

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
<b><u>Men Classic Raw Powerlifting</u></b>				<b><u>Open</u></b>											
	100kg Open														
1	Sterling Harrison	VA	100kg	99.2	26	240	145	277.5	662.5	404.523		529.1	319.7	611.8	1460.5
	110kg Open														
1	Jimmy Kolb	VA	110kg	104	28	292.5	205	257.5	755	452.698		644.8	451.9	567.7	1664.5
2	Eli Z Phillips	SC	110kg	109.4	16	185	107.5	190	482.5	284.434		407.9	237	418.9	1063.7
	125kg Open														
1	Benjamin Williamson	VA	125kg	121	33	272.5	167.5	295	735	421.743		600.8	369.3	650.4	1620.4
	140kg Open														
1	Robert Foster	VA	140kg	136.8	29	310	170	247.5	727.5	407.982		683.4	374.8	545.6	1603.8
	SHW Open														
1	Spencer Mather	VA	SHW	151.8	24	330	205	330	865	477.826		727.5	451.9	727.5	1907
<b><u>Men Classic Raw Powerlifting</u></b>				<b><u>Master</u></b>											
	100kg Master 45-49														
1	Tim Fus	VA	100kg	99.2	47	215	145	207.5	567.5	346.516	374.93	474	319.7	457.5	1251.1
<b><u>Men Single Ply Powerlifting</u></b>				<b><u>Junior</u></b>											
	90kg Jr 20-23														
1	Lucas Pribble	VA	90kg	84.4	22	272.5	190	230	692.5	457.743		600.8	418.9	507.1	1526.7

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	<b><u>Women Raw Bench Only</u></b>			<b><u>Open</u></b>											
	60kg Open														
1	Catherine Hyland	VA	60kg	59.8	25		70		70	78.246			154.3		154.3
	<b><u>Men Raw Bench Only</u></b>			<b><u>Open</u></b>											
	140kg Open														
1	Bryant Lewellyn	VA	140kg	139.8	28		235		235	131.342			518.1		518.1
	<b><u>Men Raw Bench Only</u></b>			<b><u>Master</u></b>											
	75kg Master 45-49														
1	Shane Clawson	TN	75kg	73.3	46		135		135	97.767	104.415		297.6		297.6
	75kg Master 55-59														
1	Tim Metcalf	NC	75kg	74.2	57		107.5		107.5	77.174	97.857		237		237
	82.5kg Master 70-74														
1	Bill Lindsey	VA	82.5kg	80.2	72		107.5 (110)		107.5	73.272	125.881		237		237
	110kg Master 40-44														
1	Clifton Rhodes Jr	VA	110kg	103.5	43		182.5		182.5	109.61	113.008		402.3		402.3
	Men Single Ply Bench Only			Open											
	SHW Open														
DQ	Bill Gillespie	VA	SHW	148.9	58		0		0	0	0		0		0
	Men Single Ply Bench Only			Master											
	SHW Master 55-59														
DQ	Bill Gillespie	VA	SHW	148.9	58		0		0	0	0		0		0
	Women Raw Deadlift Only			Open											
	67.5kg Open														
1	Dianna Burkholder	VA	67.5kg	67	33			137.5	137.5	141.089				303.1	303.1

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	<b><u>Women Raw Deadlift Only</u></b>			<b><u>Submaster</u></b>											
	67.5kg Submaster														
DQ	Jill Obaugh	VA	67.5kg	65.9	36			0	0	0				0	0
	<b><u>Men Raw Deadlift Only</u></b>			<b><u>Junior</u></b>											
	75kg Jr 16-17														
1	Chase Coleman	VA	75kg	74.5	17			217.5 (227.5)	217.5	155.708				479.5	479.5
	<b><u>Men Raw Deadlift Only</u></b>			<b><u>Master</u></b>											
	75kg Master 55-59														
1	Tim Metcalf	NC	75kg	74.2	57			142.5	142.5	102.301	129.718			314.2	314.2
	90kg Master 75-79														
1	Pete Miller	VA	90kg	83.7	75			140 (142.5)	140	92.988	170.633			308.6	308.6
	100kg Master 70-74														
1	Chris Walter	VA	100kg	97.4	70			90	90	55.368	91.08			198.4	198.4
	<b><u>Men Raw Push-Pull</u></b>			<b><u>Junior</u></b>											
	82.5kg Jr 20-23														
1	Ismael Palacios	VA	82.5kg	77.4	21		95	130	225	156.938			209.4	286.6	496



**Powerlifting Best Lifters:**

Women's Junior Raw	Madeleine McElfresh
Women's Open Raw	Ogechi Akalegbere
Women's Master Raw	Jeanne Murdock
Men's Junior Raw	Caleb Tincher
Men's Open Raw	Jawon Garrison
Men's Junior Classic Raw	Jesse Davis
Men's Open Classic Raw	Spencer Mather

**Judges:**

International	Johnny Layne, Paul Sutphon
National	Mindy Layne, Kristen Olmsted, Ayngelia Ara, Ethan Dew
State	Spencer Flanagan, Timothy Singletary, Lucas Stephens, Rex Reguindin, Sam Robinson

**Support Staff:**

Spotter/Loaders	Liberty University Football Team
Announcer	Johnny Layne, Mindy Layne, Spencer Flanagan

**Meet Director:**

Johnny Layne

**Sponsors:**

Bench Blokz, Intense Attire, Strong House Project, Prep & Execute Apparel, Pioneer Leathercraft

