

## HAZING IN SPORTS: Video Blast (2:00)

### Transcript

Dr. John Heil

President, Society for Sport, Exercise & Performance Psychology (2015-2016)  
Director, Sports Medicine & Science, USA Fencing (1995-2008)

**When we try to understand hazing, it's really important to differentiate what's team building, what's not, and what's helpful, and what's not.**

Dr. Shane Murphy

President, Society for Sport, Exercise & Performance Psychology (1997-1998)  
Associate Director, Sport Science & Technology Division, U.S. Olympic Committee (1992-1994)

**An appropriately negative word for bonding rituals, initiation rites.**

Dr. Robert McKelvain

USA Men's Gymnastics Sport Psychology Consultant (1982-1996)  
U.S. Men's World Cup Soccer Team Sport Psychology Consultant (1994)

**They did it to me. I get to do it to them.**

Dr. John Heil

President, Society for Sport, Exercise & Performance Psychology (2015-2016)  
Director, Sports Medicine & Science, USA Fencing (1995-2008)

**Over half of sports teams and organization engage in formal systematic hazing. Often, the coaches are aware. Often, it happens in a public space. Often, the pictures end up in a public web space.**

Donald Anthony

President, USA Fencing  
Vice President, International Fencing Federation  
President, Warrior Group & Swordsport, LLC

**When you build a team, you want to create a bond of trust and my thinking is that there's a fear factor in hazing.**

Dr. Edward Etzel

Sport Psychologist & Professor, West Virginia University  
Olympic Gold Medalist (1984)

**Well, these people have a choice whether they do it or not. Probably they don't, because their motivation to fit in and become part of the team is very strong.**

Dr. Lani Lawrence

Clinical & Sport Psychologist, University of Southern California  
Former Professional Basketball Player  
Executive Board, Association for Applied Sport Psychology

**Hazing is not good for anyone involved, but there is, I believe, a heightened risk for members of the LGBT community or people who don't conform to social norms.**

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**When someone is trying to be a whistleblower and they're also have been hazed, then they're a victim, and that complicates the dynamic because they're both a whistleblower and a victim.**

Eddie Reese

Men's Swim Coach, University of Texas (14 NCAA titles)  
U.S. Olympic Swim Coach (6 Olympic Games)  
International Swim Coaches Association Hall of Fame

**There have been bad instances at Texas in hazing. There have been people that have died.**

Dr. Li Jing Zhu

Clinical Sport Psychology & Chinese Medicine Practitioner  
International Olympic Committee-Mental Health Work Group  
Author, Clinical Sport Psychology: Perspective West & East

**Solidarity can help the team reach their goal and they can avoid a lot of problems such as hazing and also sexual harassment. I think, I believe the team dynamic will become much more better.**

Dr. Leonard Zaichkowsky

Professor of Psychology & Dir. Of Sport Psychology Service Unit  
Boston University (1980-2010)  
Director, Sport Science, Vancouver Canucks-NHL (1997-1999)

**There are many other team-building activities that are more positive in nature than humiliating somebody.**

Peter Westbrook

Olympic Fencing Bronze Medalist (1984)  
13-Time U.S. National Fencing Champion  
Founder, Peter Westbrook Foundation

**We take the high ground, and when we take the high ground, then it gets a little easier to tell the children "Your job in life is to be the best that you can be, your job in life is to help someone whenever you can."**